



# LOBSTER MEAT

*Homarus americanus*

[www.riversidelobster.com](http://www.riversidelobster.com)

# LOBSTER MEAT

## Cooked and Ready to Serve!

Riverside's lobster meat comes chef ready and allows for quick and easy preparation. We have a broad range of formats and blends that can include claw, knuckle, tail and leg meat, based on customer needs. We also offer other quality lobster products such as Whole Cooked Lobster, Scored Lobster Claws & Arms and Cocktail Claws.



### Nutrition Facts

Per 100 g serving

**Calories/Energy** 75 kcal/314 kJ

**Total Fat** 0g

Saturated Fat 0g

Trans Fat 0g

**Cholesterol** 115mg

**Sodium** 560g

**Total Carbohydrate** 0g

Dietary Fiber 0g

Sugar 0g

**Protein** 18g

## Lobster Meat

- Mastered in 12 lbs, Cooked Frozen
- Available in 1 lb and 2 lb Vac-Pack Plastic Bags

CKL Meat (Claws-Knuckle-Leg)

CK Meat (Claws-Knuckle)

BL (Body-Leg)

Regular Meat

Broken Meat

Knuckle Meat

Claw Meat

Tail Meat

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